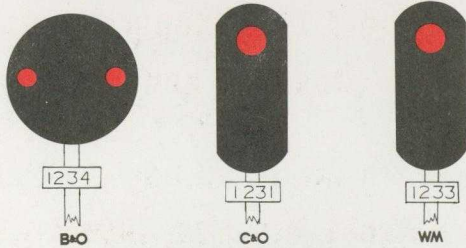


UNDERSTANDING "RESTRICTED PROCEED"

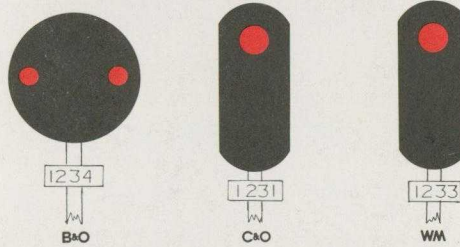
RULE 291 "RESTRICTED PROCEED" Effective July 1



**YOU MAY
PROCEED
AT RESTRICTED
SPEED**

 Chessie System
Transportation Dept. 5/81

RULE 291 "RESTRICTED PROCEED"

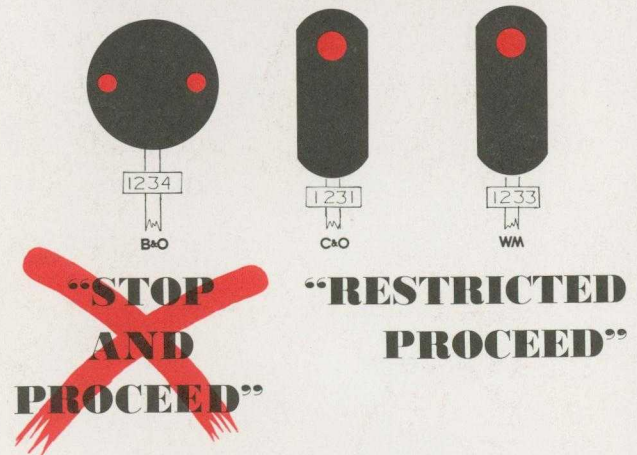


**YOU MUST BE
PREPARED TO
STOP**

Effective July 1

 Chessie System
Transportation Dept. 5/81

For Safety, Efficiency, Economy RULE 291



**- CHANGE EFFECTIVE -
JULY 1**

 Chessie System
Transportation Dept. 5/81

 Chessie System
Transportation Dept. 5/81



WHY "RESTRICTED PROCEED?"

- **Improve Train Handling**
- **Avoid Unnecessary Stops**
- **Avoid Train Separations due to Stopping and Starting**
- **Avoid Blocking Street Crossings**
- **Reduce Wear on Equipment**
- **Reduce Operating Time**
- **Reduce Fuel Consumption**
(Forty gallons of fuel per each unit is required to start tonnage train.)

The key to safe operation under new Operating Rule 291, "Restricted Proceed," is the manner in which the train is handled at the preceding signal. The preceding signal indicates that the train *must* be prepared to stop at the next signal. This means that any signal displaying "Restricted Proceed" must be approached with the train under control so that it may be stopped before any part of it passes the signal. When the crew can see that the track beyond the "Restricted Proceed" signal is free of any train, obstruction, switch improperly lined, broken rail, etc., the train may proceed at restricted speed without having to stop.

A "Restricted Proceed" signal, like any other signal, governs the use of the length of track between it and the next signal. When a train passes a "Restricted Proceed" signal, it must move through the *entire block* prepared to stop short of a train, obstruction, switch improperly lined, broken rail, or anything that may require the speed to be reduced, but not exceeding fifteen (15) miles per hour.

It should be noted that Operating Rule 505 states: "A signal indication requiring restricted speed applies until the entire train passes the next signal."