RIDE THE MODERN "POCAHONTAS" AND ENJOY THE FOLLOWING FEATURES AND IMPROVEMENTS.

- * All Equipment newly refurbished.
- ★ Vista Dome Cars (Enjoy the mountain scenery at no extra cost.)
- ★ Reclining Chair-cars (Free, Souvenir disposable pillows for overnight coach patrons.)
- ★ Take Advantage of the Low Individual 30-day Round-trip Coach Fares between Norfolk and Cincinnati and intermediate points.
- ★ NOW—Greatly reduced fares in regular sleepers between Roanoke and Cincinnati and intermediate points. (Regular coach tickets, round-trip 30-day coach tickets, and Family Plan coach tickets will be honored in sleeping cars on payment of charge for space occupied.)
- ★ DINING-COCKTAIL-LOUNGE CAR Between Norfolk and Williamson serving meals and refreshments at popular prices.
- ★ COMPLIMENTARY MEALS For revenue passengers using overnight sleeping car service between Roanoke and Cincinnati and intermediate points when traveling during meal periods. (Breakfast on No. 4 from 6:00 AM to 10:00 AM; Dinner on No. 3 from 5:30 PM to 10:00 PM. Present sleeping car ticket receipt in Dining-car.)
- ★ Credit Cards Honored Rail Travel Credit Card, Master Charge, BankAmericard, American Express, and Diners Club credit cards will be honored for the purchase of rail and sleeping car transportation, meals, refreshments, etc., on the Atlantic and Pocahontas Regions.
- ★ Free Train Porter Service between Norfolk and Cincinnati.

S INFOR	CHANGE—CONSULT	TICKET	AGENT)
		-	

FARES

		RAILROAD FARES				SLEEPING CAR		
BETWEEN			СН	FIF CL/		FARES		
			Round Trip 6 Mos.	*One Way	Round Trip 6 Mos.	Room- ette One Person	One or Two Persons	
BRISTOL, VIRGINIA and	New York, N. Y	\$26.91 17.48 22.41 15.16	34.96 43.55		63.48			
CHICAGO, ILLINOIS and	Dallas, Tex Decatur, III Little Rock, Ark St. Louis, Mo	32.71 6.89 23.21 12.05 46.58	58.90 12.45 41.80 21.70 83.85	41.51 8.75 29.06 15.02 58.69	52.35 27.05			
CINCINNATI, OHIO and	San Antonio, Tex	13.96 20.60 27.40 24.55 18.25	27.92	21.30 31.37 41.70 37.91 27.86	42.60 62.74 83.40 75.82	\$ 9.35		
DECATUR,	Roanoke, Va Detroit, Mich. Ft. Wayne, Ind Lafayette, Ind.	16.71 10.17 5.20	32.82 19.74 9.80	23.64 14.11 7.05	46.54 27.48 13.36			
ILLINOIS and	(Via Chicago) xLos Angeles, Calif. xPortland, Ore. xSan Francisco, Calif. x(1) Seattle, Wash.	80.38 82.84	113.30 130.30	101.64 104.73	143.10	②33.80 ②33.80 ②33.80 ②33.80	②55.0 ②55.0	
DETROIT, MICHIGAN and	Champaign, III. Danville, III. Ft. Wayne, Ind. Lafayette, Ind.	15.17 13.66 6.66 11.64	13.32 23.28	21.65 19.77 9.59 16.80	39.54 19.18 33.60			
NORFOLK	San Antonio, Tex Birmingham, Ala. Bluefield, W. Va. Chattanooga, Tenn. Chicago, III. Christiansburg, Va. Knoxville, Tenn.	12.39	60.71 30.64 38.11 85.80	70.40 44.89 23.34 51.16 66.20 18.87 32.81	86.17 46.68 73.97 132.40 37.74			
NORFOLK, VIRGINIA and	Lynchburg, Va. New Orleans, La. New York, N. Y. Petersburg, Va. Philadelphia, Pa. Radford, Va. Roanoke, Va.	8.72 44.80 21.00 3.62 16.50 12.89 10.98	17.44 61.46 41.82 7.24 32.88 25.78 21.96	31.86 5.51 23.76 19.63 16.73	115.97 63.47 11.02 48.47 39.26 33.46			
ROANOKE, VIRGINIA and	Washington, D. C. Birmingham, Ala Chattanooga, Tenn Chicago, III Knoxville, Tenn	20.85 15.54 33.75 11.40	38.87 29.32 67.50 21.87	28.16 21.38 52.36 16.08	52.71 40.51 104.72 30.96			
	New Orleans, La New York, N. Y Philadelphia, Pa Washington, D. C	15.96 8.71	39.65 30.65 16.15	30.11 22.61 11.61	58.62 43.62 21.62			
ST. LOUIS, MISSOURI and	Champaign, III	8.23 5.18	14.85 9.35	10.12 6.26	18.25			
	Detroit, Mich	21.89 15.35 10.38	29.09	20.36	38.73	3		
	xLos Angeles, CalifxPortland, OrexSan Francisco, Califx①Seattle, Washx①	85.54 88.00	113.30	107.91	143.10	233.80 233.80 233.80 233.80	②55.0 ②55.0	

REFERENCE NOTES

①—Sleeping Car service to Portland, Ore.

 From Chicago, III.
 One-way tickets carry various limits. Consult agent. x—Transfer at Chicago included.

ROBERT K. HUBBARD

General Passenger Sales Manager

FRANK F. BOTTINI
Asst. Passenger Sales Manager
ROANOKE, VA. 24011

GENERAL INFORMATION

Responsibility—The Norfolk and Western Ry. Co. is not responsible for errors in time-tables, inconvenience or loss resulting from **delayed trains**, failure to make connections, air-conditioning failures, or emergency substitutions in equipment. Schedules, consists and designations of trains are subject to change without notice.

Time—Standard Times are shown throughout this timetable. (E. S. T.) denotes Eastern Standard Time, (C. S. T.) Central Standard Time.

From 12:01 A. M. to 12:00 o'clock noon, inclusive, is shown in lightface type, between 12:01 P. M. and 12:00 o'clock midnight by dark-face type.

Children's Fares—Children under five years of age may ride without charge when accompanied by a parent or guardian. However, one half-fare ticket is required when one, two or three children under five have exclusive use of a berth or parlor car seat. Children five years of age and under twelve, are charged a half-fare; children 12 years and older, full fare.

Purchase in Advance—Tickets for reserved Sleeping or Parlor car space and Coach seats should be purchased as far in advance as possible.

Cancellations—If you change your travel plans, please cancel Sleeping, Parlor car or Coach seat reservations promptly by telephone.

Stopovers are permitted at all points where trains are scheduled to stop, within final limit of tickets, by notifying conductor.

Adjustment of Fares—In cases of dispute with conductors or agents, pay the fare required, take receipt and communicate with the General Passenger Sales Manager.

Redemption of Tickets—Tickets unused, or partly used, will be redeemed under tariff regulations at proper value.

Loss of Tickets—Passenger should guard against such loss, as railroads are not responsible.

Train Stops—Trains make regular stops only at stations where time figures are shown. When a symbol or letter appears in train column opposite station this indicates train only stops on certain conditions. Where trains make a conditional stop, advance notice should be given to agent or train conductor.

Baggage—Will be checked only from or to stations having facilities for handling. Every effort will be made to expedite handling, but the railroad cannot guarantee to forward baggage on same train with owner. To facilitate receipt on arrival at destination, passengers are advised to check baggage a day or two in advance of departure.

150 pounds of baggage, not exceeding \$100.00 in value, will be checked on each adult ticket and 75 pounds, not exceeding \$50.00 in value, will be checked on each child's half-fare ticket, without additional charge, except for a nominal baggage checking service charge.

Passengers may declare excess value at time of checking subject to a nominal charge for each additional \$100.00 or fraction thereof, but not exceeding \$2,500.00. No single piece of baggage exceeding 300 pounds in weight, or single shipment exceeding \$2,500.00 in value, will be checked. Exception: Boxes of heavy or corrugated paperboard are limited to a gross weight of 50 pounds each.

Checkable baggage consists of wearing apparel and other articles necessary and appropriate for the wear, use, comfort and convenience of the passenger for the purpose of the trip, but does not include prohibited articles.

Money, jewelry, negotiable papers, liquids, fragile or perishable articles; radios, typewriters, dishes and other household goods are examples of articles not checkable as baggage. Consult Agent.

Dogs and other small household pets in substantial crates or cages may be checked and transported in baggage cars subject to tariff regulations and charges. Small dogs, cats, birds or other small household pets (not vicious or otherwise objectionable) when carried in containers or on leash and muzzled, may be taken in private room accommodations in Parlor or Sleeping cars, **but will not be permitted in coaches.**

Lost Articles to be inquired for at Lost Article Department in terminal stations, or through the nearest ticket agent. N&W Ry. will not be responsible for unchecked articles left in stations or cars.

Passenger and Baggage Transfer in Chicago—A uniformed agent of the RAILROAD TRANSFER SERVICE, INC., meets all incoming trains to arrange for transfer of passengers and their baggage to other stations. When transfer coupon is included in ticket, the RAIL-ROAD TRANSFER SERVICE, INC., will honor this coupon to the designated depot.

Baggage Insurance—Insurance covering full value of passenger's baggage and personal effects for entire trip away from home is sold at principal offices.

Travel Insurance—The Travelers Insurance Company has available, at principal agencies, individual trip policies with maximum coverage up to \$50,000.00. Consult ticket agent for details.

Invalids or Disabled Persons—Any person who, because of mental, physical or other disability, is incapable of properly caring for himself or herself, will be received as a passenger ONLY when accompanied by a competent attendant.

Norfolk

and

Western

RAILWAY



SYSTEM
PASSENGER TRAIN SCHEDULES

EFFECTIVE DECEMBER 15, 1969

7

Page 8



NORFOLK, ROANOKE, BRISTOL, BLUEFIELD, PORTSMOUTH, CINCINNATI

Read Down MAIN LINE AND CONNECTIONS Read Up						
	No. 3 Daily	TABLE 1	MIs.	No. 4 Daily		
	PM 2 40 3 15 E 3 40 E 3 46 4 10	PORTSMOUTH, VA.⊕ Lv NORFOLK, VA. (EST). △ Ar '' Suffolk. '' '' Wakefield. '' '' Waverly	.0 25.2 54.2 61.7 84.2	PM 5 10 4 23 A 3 56 A 3 49 3 25		
	#9 05 10 00	Lv PETERSBURG (S. C. L.) Ar Ar RICHMOND (S. C. L.) Lv		*1 58 1 20		
	4 25	Lv PETERSBURG 🕿 Ar (Fort Lee, Va.)		3 00		
	S 5 03 S 5 25 S 5 52 S 5 52 S 6 21 E 6 11 E 6 21 F 7 05 E 7 30 E 7 30 E 8 10 3 10 8 20 F 10 15	Farmville "Pamplina" Lv Appomattox Stall S	132.1 153.4 170.5 181.4 205.6 205.6 227.5 255.6 255.6 288.2	2 05 THE POC AHONT AS 11 20 35 11 20 35 11 20 35 11 20 35 11 20 35 10 35 9 41 F 8 422		
	11 15 11 30 E12 04 12 28	" North Fork, W. Va" " WELCH" " laeger" Ar WILLIAMSON	356,5 378,6 390,7 409,0 456,1	7 55 7 40 E 6 46 6 28 B 6 00 4 55		
	2 15 3 53 4 12 4 45 5 00 M 5 42 M 6 02	KENOVA, W. VA. Lv IRONTON, OHIO. AP PORTSMOUTH. Lv PORTSMOUTH, OHIO. Ar Peebles* Winchester*	456.1 529.1 541.1 568.3 568.3 602.6 617.3 626.8	4 50 3 01 2 41 2 05 1 50 O 1 08		
	F 6 14 7 35	" Sardinia*		11 25		

Read Down		CONNECTIONS	Read Up		
	AM 8 25 3 00	Lv Cincinnati, O. (EST) PC Ar Ar Chicago, III. (CST) "Lv	PM 8 00 11 20		
	♦8 20 10 35 1 45	Lv Cincinnati, O. (EST) PC Ar Ar Indianapolis, Ind. (EST) ' Lv Ar Chicago, III. (CST) ' Lv	11 15 8 55 \$3 50		
	10 00 3 30	Lv Cincinnati, O. (EST)B&O Ar Ar Toledo, Ohio (EST) "Lv	6 20 1 05		
	5 40	Ar Detroit (EST). (Fort St. Sta.)	11 00		
		Lv Cincinnati, O. (EST)B&O Ar Ar St. Louis, Mo. (CST)B&O Lv	5 40		



Vista Domes - No Extra Fare Between Norfolk and Cincinnati (See Page 6 For Other Features)

Page 2

NEW YORK-PHILADELPHIA-BALTIMORE-WASHINGTON CHATTANOOGA-BIRMINGHAM-NEW ORLEANS VIA LYNCHBURG, ROANOKE AND BRISTOL

PC 155	PC 137	Condensed Through Schedules			PC 154-166	PC 140 N&W 42 Daily	
N&W 41 Daily	N&W 17 Daily	TARIF 2		N&W 18 Daily			
PM 7 30 9 06 9 39 10 40 11 20	AM 10 45 12 21 12 51 1 51 2 40	" Philadelphia, Pa. (30th St. Sta.) " Wilmington, Del	. « «	Ar " " Lv	PM R 8 55 R 7 11 R 6 48 R 5 45 R 5 00	AM 7 00 E 4 50 E 4 14 E 3 05 2 25	
12 25 12 50 2 56 4 42 5 00 A 5 33 M 6 10	3 10 3 28 5 38 7 05 7 15 3 F 7 43 0 8 20	Lv Washington, D. C	" " &W	"	4 40 4 02 1 50 -1 12 30 II 12 25 F F 11 53 B 11 20 20	1 55 1 31 11 20 9 10 9 00 G 8 15 7 40	
	8 35 H 11 15 U 2 40 E 8 10	Lv Roanoke, Va. No Ar Bluefield, W. Va	" &W	Lv	7 55 G 5 10 P 11 10		
7 00 7 49 8 A8 8 21 8 33 F 9 06 F 9 44 A 9 57 A 10 07 A10 11 F10 30 11 10	# 8 50 9 37 # 9 55 10 17 J10 47 J11 23 J12 02 12 35 12 55 1 40	" Marion, Va." " Chilhowie, Va." " Glade Spring, Va. " Emory, Va." " Abingdon, Va.@ Ar Bristol, Va. Lv Bristol, Va. Ar Johnson City, Tenn. " Knoxville, Tenn. Ar Chattanooga, Tenn. (EST). S	" " " " " " " " " " " " " " " " " " "	Ar """"" LV LV LV LV LV LV	9 50 F R O D O D T A 40 D T A 40 D T A 40 D T A 45 A 51	5 55	

EXPLANATION OF REFERENCE MARKS

(Conditional Stops shown herein for revenue passengers (except F Stop))

FOR ALL TABLES

- No checked baggage handled from or to this station.
- Streamlined Train—(Coach seats reserved—Reservation charge applying). Rail-Auto service available at this point.
- F Stops on signal to receive or discharge passengers.

FOR TABLE 1

- Bus service available between Norfolk, Va. and Portsmouth, Va.
- North Petersburg-Transfer necessary.
- A Stop to discharge from Roanoke, Washington or beyond. Stop to discharge from beyond Portsmouth or receive for Christiansburg and beyond.
- Stop to discharge or receive.
- top to discharge from Kenova or beyond or receive for Cincinnati.
- Stop to discharge from Cincinnati or beyond or receive for Kenova or beyond.

FOR TABLE 2

- Meal stop. Box lunches available on notice to conductor. M Meals available in station restaurant.
- No checked baggage or remains handled on Train No. 17 at this station.
- A Stop to discharge from beyond Lynchburg or to receive for Bristol and beyond.

 C Stop to discharge from Bristol and beyond or to receive for Roanoke and beyond.
- D Stop to discharge or receive.
- E Stops only to discharge passengers
- Stop to discharge from Bristol and beyond or to receive for Charlottesville and beyond.
- Stop to discharge from Bristol and to receive for beyond Lynchburg.
- J Stop to discharge from Roanoke and beyond.

 R Daily except Saturdays, when train operates one hour later

Equipment on Page 5

DETROIT, FT. WAYNE, CHICAGO, DECATUR AND ST. LOUIS

□112 Ex. Sat. Sun. Hol.	A 124 Daily	MIs.	TABLE 3	121 Daily	113 Ex. Sat. Sun. Hol.
	AM		CENTRAL STD. TIME	PM	
	9 20	.0	Lv St. Louis, Mo. (Union Sta.)	11 25	
	9 35	5.6	Lv Delmar Boulevard* Ar	11 00	
	A 10 12	8.3	Lv Granite City, III.4 Ar	B10 18	
	10 24	21.8	Lv Edwardsville* Lv	B10 02	
	10 54	52.3	Lv Litchfield* Lv	C 9 34	
	11 26	84.8	Lv Taylorville*Lv	C 9 03	
	11 55	113.2	Ar Decatur Lv	8 34	
	12 00	113.2	Lv Decatur Ar	8 29	
	12 28	140.7	Lv Monticello* Lv	7 58	
AM	1 25	193.3	Lv Forrest*Lv	7 03	
® 6 55		262.5	Lv Orland Park* Lv		® 6
F	0	264.5	Lv Southmoor*Lv	Œ	F
7 01	BIRD	265.8	Lv Palos Park*Lv	Ë	6
7 05	<u> </u>	267.9	Lv Worth*Lv	m	6
7 08		269.3	Lv Chicago Ridge* Lv		6
7 16	D 2 47	270.9	Lv Oak Lawn*Lv	E 5 39	6
7 22		273.5	Lv Ashburn*Lv		6
7 26	ш	274.9	Lv Landers*Lv	-	5
7 28	5	275.6	Lv Western Ave. Lv	_ ≅	5
7 31	BLU	276.6	Lv Ashland Ave. Lv	BRD	5
7 33		277.1	Lv Racine Ave. Lv	U	5
7 38		277.6	Lv Halsted St. Lv		5
7 43	3 01	279.1	Lv Englewood (551W. 63rd St.)* Lv	5 29	
7 47		281.1	Lv Forty-Seventh St. Lv		5
® 8 00	3 20	285.7	Ar Chicago (C. S. T.) (Dearborn Sta.,		
		2	Polk & Dearborn) 👄 Lv	5 15	
AM	PM			PM	PM

304 Daily	MIs.	TABLE 4	301 Daily
AM		CENTRAL STD. TIME	PM
9 10	.0	Lv St. Louis, Mo. (Union Sta.) 👄 Ar	4 4
9 25	5.6	Lv Delmar Boulevard* Ar	4 1
A10 02	8.3	Lv Granite City, III. Lv	B3 3
10 14	21.8	Lv Edwardsville*Lv	B3 1
10 44	52.3	Lv Litchfield*Lv	2 4
11 16	84.8	Lv Taylorville*Lv	2 1
11 46	113.2	Ar DecaturLv	1 4
11 51	113.2	Lv Decatur 🛥 Ar	1 3
12 30	150.8	Ar Tolono Lv	12 5
12 55		Lv Tolono (Illini-Swallow Lines) Ar	12 2
t 1 15		Ar Champaign " 🖘 Lv	‡12 0
1 1 20		Ar Urbana* " Lv	‡11 4
111 46		Lv Urbana (Illini-Swallow Lines) Ar	112
112 01		Ly Champaign " Ar	‡ 1 1
12 21		Ar Tolono " Lv	12 5
12 30	150.8	Ly Tolono Ar	12 5
1 1 13	187.1	Ly Danville, III 🖴 Ly	€ 12 1
1 39 1 47	209.0	Lv Williamsport, IndLv	≥
1 47	211.9	Lv AtticaLv	
2 16	233.3	Lv Lafayette 🖴 Lv	ABAS 11 1
2 37	250.1	Ly Delphi Ly	I
2 37 3 04 3 23	270.3	Lv Logansport Lv	10 3
3 23	286.2	Ar Peru Lv	S 10 1
0 00	000.0	1 1 5	10.0

EASTERN STD. TIME

4 46 299.9 Ly Wabash.

5 38 342.3

5 14 | 318.3 Lv Huntington

6 42 | 391.9 | Ly Montpelier.

7 19 429.6 Ly Adrian, Mich.

5 53 | 342.3 | Lv Ft. Wayne, Ind.

6 40 | 391.9 | Ar Montpelier, Ohio.

Lv Milan*

Ar Ft. Wayne, Ind.

8 35 | 488.8 | Ar Detroit (Un. Sta.—Fort & 3rd St.).

ABLE 3	121 Daily	Ex. Sat. Sun. Hol.	 No checked baggage handled to or from this station. No checked baggage handled on this train. Tickets and Baggage via Illini-Swallow Lines, Inc.:
AL STD. TIME (Union Sta.)	11 00 B10 18 B10 02 C 9 34 C 9 03 8 34 8 29 7 58 7 03	PM ® 6 22 F 6 16 6 12 6 09	 Rail tickets reading to or from Champaign and Urbana will be honored by the Illini-Swallow Lines, Inc. through Tolono, also all baggage checked under usual rules will be handled on through checks between above points without extra charge. Rail Auto Service available at this point. A Stops on signal to receive for scheduled stops. B Stops on signal to discharge from scheduled stops. C Stops on signal to discharge or receive from or to scheduled stops. D Stops on signal to receive passengers for Chicago. E Stops on signal to receive passengers for Decatur or beyond. F Stops on signal to discharge or receive passengers. I Stops on signal to receive for St. Louis. K Stops on signal to discharge from St. Louis. Application pending to discontinue these trains. Consult Agent. B Except Saturdays, Sundays and Holidays.
Lv	B 7	5 58 5 57 5 53	FOLLIDMENT

EQUIPMENT

EXPLANATION OF REFERENCE MARKS FOR TABLES 3 AND 4

[Conditional stops shown herein for revenue passengers]

THE POCAHONTAS Trains Nos. 3 and 4 (Norfolk and Cincinnati)

Sleeping Cars (30 WB, 40 EB)

Roanoke and Cincinnati (10 Rmte, 6 DBR) (Open Cincinnati 9:30 PM)

Vista Dome Coaches

Reclining Seat Coaches

Norfolk and Cincinnati

Dining-Cocktail-Lounge Car Norfolk and Williamson, W. Va.

(See Page 6 for other services

THE BIRMINGHAM SPECIAL

Trains Nos. 17 and 18 (Via N&W Lynchburg and Bristol)

Reclining Seat Coaches

New York and Washington Washington and Birmingham Birmingham and New Orleans Norfolk and Roanoke (N&W 3 and 4) Roanoke and Bluefield (N&W 3 and 4)

Dining Car

Washington-Monroe, Va.

WABASH CANNON BALL Trains Nos. 304 and 301 (St. Louis and Detroit)

Reclining Seat Coaches

St. Louis and Detroit

Buffet-Coach

St. Louis and Detroit

THE BLUE BIRD Trains Nos. 124 and 121 (St. Louis and Chicago)

Reclining Seat Coaches St. Louis and Chicago

Dining-Cocktail-Lounge Car Decatur and Chicago

NEW YORK-WASHINGTON-BRISTOL, VA.

Trains Nos. 41 and 42 (Via N&W Lynchburg & Bristol)

Reclining Seat Coaches

New York and Washington Washington and Bristol, Va.

ASK ABOUT OUR BARGAIN FARES

• GREATLY REDUCED ROUND-TRIP 30-DAY LIMIT COACH FARES BETWEEN NORFOLK, VA., CINCINNATI, O. AND BRISTOL, VA.

• GROUP ECONOMY ROUND-TRIP 30-DAY LIMIT COACH FARES FOR GROUPS OF THREE OR MORE ADULTS GOING AND RETURNING TOGETHER. AVAILABLE FROM MANY POINTS ON THE N&W SYSTEM.

STUDENT AND ADULT GROUP ROUND-TRIP SHORT LIMIT PARTY COACH FARES.

FAMILY PLAN FARES—THE LARGER THE FAMILY THE GREATER THE BARGAIN.

• FURLOUGH FARES—SAVE ON ONE-WAY OR ROUND TRIP COACH. FOR SERVICE MEN AND WOMEN TRAVELING IN UNIFORM AT OWN EXPENSE Consult Ticket Agent for complete details.

Page 4