

RIDE THE MODERN "POCAHONTAS" AND ENJOY THE FOLLOWING FEATURES AND IMPROVEMENTS.

- ★ **All Equipment newly refurbished.**
- ★ **Vista Dome Cars** (Enjoy the mountain scenery at **no extra cost.**)
- ★ **Reclining Chair-cars** (Free, Souvenir disposable pillows for overnight coach patrons.)
- ★ **Low Individual 30-day Round-trip Coach Fares** between Norfolk and Cincinnati and intermediate points.
- ★ **NOW—Greatly reduced fares in regular sleepers** between Roanoke and Cincinnati and intermediate points. (Regular coach tickets, round-trip 30-day coach tickets, and Family Plan coach tickets will be honored in sleeping cars on payment of charge for space occupied.)
- ★ **DINING-COCKTAIL-LOUNGE CAR** — Between Norfolk and Williamson serving meals and refreshments at popular prices.
- ★ **COMPLIMENTARY MEALS** — For revenue passengers using overnight sleeping car service between Roanoke and Cincinnati and intermediate points when traveling during meal periods. (Breakfast on No. 4 from 6:00 AM to 10:00 AM; Dinner on No. 3 from 5:30 PM to 10:00 PM. Present sleeping car ticket receipt in Dining-car.)
- ★ **Credit Cards Honored** — Rail Travel Credit Card, Master Charge, BankAmericard, American Express, and Diners Club credit cards will be honored for the purchase of rail and sleeping car transportation, meals, refreshments, etc., on the Atlantic and Pocahontas Regions.
- ★ **Free Train Porter Service** between Norfolk and Cincinnati.

AS INFORMATION (SUBJECT TO CHANGE—CONSULT TICKET AGENT) **FARES**

BETWEEN	*RAILROAD FARES				SLEEPING CAR CHARGES		
	COACH		FIRST CLASS		Room-ette	Bed-room	
	One Way	Round Trip 6 Mos.	One Way	Round Trip 6 Mos.	One Person	One or Two Persons	
BRISTOL, VIRGINIA and	Charlottesville, Va.	\$10.88	\$21.35	\$16.07	\$31.63		
	Lynchburg, Va.	8.80	17.60	13.44	26.88		
	New York, N. Y.	26.91	53.82	40.04	80.08		
	Norfolk, Va.	17.48	34.96	26.66	53.32		
	Philadelphia, Pa.	22.41	44.82	32.54	65.08		
	Roanoke, Va.	6.56	13.12	9.93	19.86		
Washington, D. C.	15.16	30.32	21.54	43.08			
CHICAGO, ILLINOIS and	Decatur, Ill.	6.89	13.78	8.75	17.50		
	Forrest, Ill.	3.85	7.70	4.81	9.62		
	Gibson City, Ill.	4.45	8.90	5.64	11.28		
	Monticello, Ill.	5.86	11.72	7.37	14.74		
CINCINNATI, OHIO and	Bluefield, W. Va.	13.96	27.92	21.30	42.60	\$ 9.35	\$ 16.95
	Christiansburg, Va.	16.96	33.92	25.78	51.56	9.35	16.95
	Lynchburg, Va.	20.60	41.20	31.37	62.74		
	Norfolk, Va.	27.40	54.80	41.70	83.40		
	Petersburg, Va.	24.55	49.10	37.91	75.82		
	Portsmouth, O.	4.84	9.68	7.33	14.66		
Roanoke, Va.	18.25	36.50	27.86	55.72	9.35	16.95	
DECATUR, ILLINOIS and	Detroit, Mich.	16.71	33.42	23.64	47.28		
	Englewood, Ill.	6.79	13.58	8.57	17.14		
	Forrest, Ill.	3.35	6.70	4.20	8.40		
	Ft. Wayne, Ind.	10.17	20.34	14.11	28.22		
Oak Lawn, Ill.	6.49	12.98	8.16	16.32			
DETROIT, MICHIGAN and	Adrian, Mich.	2.72	5.44	4.02	8.04		
	Champaign, Ill.	15.17	30.34	21.65	43.30		
	Danville, Ill.	13.66	27.32	19.77	39.54		
	Ft. Wayne, Ind.	6.68	13.32	9.59	19.18		
	Lafayette, Ind.	11.64	23.28	16.80	33.60		
	San Antonio, Tex.	59.3	118.66	77.52	155.04		
NORFOLK, VIRGINIA and	Bluefield, W. Va.	15.32	30.64	23.34	46.68		
	Chicago, Ill.	42.90	85.80	66.20	132.40		
	Christiansburg, Va.	12.39	24.78	18.87	37.74		
	Detroit, Mich.	40.65	81.30	61.45	122.90		
	Lynchburg, Va.	8.72	17.44	13.29	26.58		
	New York, N. Y.	21.00	41.82	31.86	63.47		
ROANOKE, VIRGINIA and	Petersburg, Va.	3.62	7.24	5.51	11.02		
	Philadelphia, Pa.	16.50	32.82	23.36	46.47		
	Radford, Va.	12.89	25.78	19.63	39.26		
	Roanoke, Va.	10.98	21.96	16.73	33.46		
	St. Louis, Mo.	45.40	90.80	68.20	136.40		
	Washington, D. C.	9.25	18.32	13.36	26.47		
ST. LOUIS, MISSOURI and	Charlottesville, Va.	4.43	8.45	6.14	11.77		
	Chicago, Ill.	33.75	67.50	52.36	104.72		
	Detroit, Mich.	31.50	63.00	47.61	95.22		
	Lynchburg, Va.	2.35	4.70	3.51	7.02		
ST. LOUIS, MISSOURI and	New York, N. Y.	20.46	40.92	30.11	60.22		
	Philadelphia, Pa.	15.96	31.92	22.61	45.22		
	St. Louis, Mo.	36.25	72.50	54.36	108.72		
	Washington, D. C.	8.71	17.42	11.61	23.22		
	Champaign, Ill.	7.19	14.38	8.75	17.50		
	Danville, Ill.	8.23	16.46	10.12	20.24		
ST. LOUIS, MISSOURI and	Decatur, Ill.	5.18	10.36	6.26	12.52		
	Litchfield, Ill.	2.74	5.48	3.10	6.20		
	Taylorville, Ill.	4.08	8.16	4.81	9.62		
	Adrian, Mich.	19.27	38.54	26.07	52.14		
	Detroit, Mich.	21.89	43.78	29.89	59.78		
	Ft. Wayne, Ind.	15.35	30.70	20.36	40.72		
Lafayette, Ind.	10.38	20.76	13.30	26.60			

*Application made for 10% increase in railroad fares effective September 1, 1970. Consult Ticket Agent.

FRANK F. BOTTINI
Manager Passenger Traffic
ROANOKE, VA. 24011

GENERAL INFORMATION

Responsibility—The Norfolk and Western Ry. Co. is not responsible for errors in timetables, inconvenience or loss resulting from **delayed trains**, failure to make connections, air-conditioning failures, or emergency substitutions in equipment. Schedules, consists and designations of trains are subject to change without notice.

Time—Standard Times are shown throughout this timetable. (E.S.T.) denotes Eastern Standard Time, (C. S. T.) Central Standard Time and conform to **"Uniform Time Act of 1966,"** except where otherwise indicated.

From 12:01 A. M. to 12:00 o'clock noon, inclusive, is shown in lightface type, between **12:01 P. M. and 12:00 o'clock midnight by dark-face type.**

Children's Fares—Children under five years of age may ride without charge when accompanied by a parent or guardian. However, one half-fare ticket is required when one, two or three children under five have exclusive use of a berth or parlor car seat. Children five years of age and under twelve, are charged a half-fare; children 12 years and older, full fare.

Purchase in Advance—Tickets for reserved Sleeping or Parlor car space and Coach seats should be purchased as far in advance as possible.

Cancellations—If you change your travel plans, please cancel Sleeping, Parlor car or Coach seat reservations promptly by telephone.

Stopovers are permitted at all points where trains are scheduled to stop, within final limit of tickets, by notifying conductor.

Adjustment of Fares—In cases of dispute with conductors or agents, pay the fare required, take receipt and communicate with the Manager Passenger Traffic.

Redemption of Tickets—Tickets unused, or partly used, will be redeemed under tariff regulations at proper value.

Loss of Tickets—Passenger should guard against such loss, as railroads are not responsible.

Train Stops—Trains make regular stops only at stations where time figures are shown. When a symbol or letter appears in train column opposite station this indicates train only stops on certain conditions. Where trains make a conditional stop, advance notice should be given to agent or train conductor.

Baggage—Will be checked only from or to stations having facilities for handling. Every effort will be made to expedite handling, but the railroad cannot guarantee to forward baggage on same train with owner. To facilitate receipt on arrival at destination, passengers are advised to check baggage a day or two in advance of departure.

150 pounds of baggage, not exceeding \$100.00 in value, will be checked on each adult ticket and 75 pounds, not exceeding \$50.00 in value, will be checked on each child's half-fare ticket, without additional charge, except for a nominal baggage checking service charge.

Passengers may declare excess value at time of checking subject to a nominal charge for each additional \$100.00 or fraction thereof, but not exceeding \$2,500.00. No single piece of baggage exceeding 300 pounds in weight, or single shipment exceeding \$2,500.00 in value, will be checked. Exception: Boxes of heavy or corrugated paperboard are limited to a gross weight of 50 pounds each.

Checkable baggage consists of wearing apparel and other articles necessary and appropriate for the wear, use, comfort and convenience of the passenger for the purpose of the trip, but does not include prohibited articles.

Money, jewelry, negotiable papers, liquids, fragile or perishable articles; radios, typewriters, dishes and other household goods are examples of articles not checkable as baggage. Consult Agent.

Dogs and other small household pets in substantial crates or cages may be checked and transported in baggage cars subject to tariff regulations and charges. Small dogs, cats, birds or other small household pets (not vicious or otherwise objectionable) when carried in containers or on leash and muzzled, may be taken in private room accommodations in Parlor or Sleeping cars, **but will not be permitted in coaches.**

Lost Articles to be inquired for at Lost Article Department in terminal stations, or through the nearest ticket agent. N&W Ry. will not be responsible for unchecked articles left in stations or cars.

Passenger and Baggage Transfer in Chicago—A uniformed agent of the RAILROAD TRANSFER SERVICE, INC., meets all incoming trains to arrange for transfer of passengers and their baggage to other stations. When transfer coupon is included in ticket, the RAILROAD TRANSFER SERVICE, INC., will honor this coupon to the designated depot.

Baggage Insurance—Insurance covering full value of passenger's baggage and personal effects for entire trip away from home is sold at principal offices.

Travel Insurance—The Travelers Insurance Company has available, at principal agencies, individual trip policies with maximum coverage up to \$50,000.00. Consult ticket agent for details.

Invalids or Disabled Persons—Any person who, because of mental, physical or other disability, is incapable of properly caring for himself or herself, will be received as a passenger ONLY when accompanied by a competent attendant.

Norfolk and Western RAILWAY



SYSTEM PASSENGER TRAIN SCHEDULES

EFFECTIVE AUGUST 12, 1970

NORFOLK, ROANOKE, BRISTOL, BLUEFIELD, PORTSMOUTH, CINCINNATI

ST. LOUIS, FT. WAYNE, DETROIT-DECATUR AND CHICAGO

Read Down NORFOLK AND CINCINNATI Read Up

No. 3 Daily	TABLE 1	Mls.	No. 4 Daily
PM 2 40	Lv PORTSMOUTH, VA.⊕	0	PM 5 10
3 15	Lv NORFOLK, VA. (EST) ⊕ Ar	25.2	4 23
E 3 40	" Suffolk.....	54.2	E 3 56
E 3 46	" Wakefield.....	61.7	E 3 49
4 10	Ar PETERSBURG.....	84.2	3 25
4 25	Lv PETERSBURG.....	84.2	3 00
	(Fort Lee, Va.)		
E 5 03	" Blackstone.....	121.5	E 2 16
	(Camp Picket, Va.)		
5 25	" Crewe.....	132.1	2 05
5 52	" Farmville.....	153.4	1 30
E 6 11	" Pamplin.....	170.5	E 1 05
E 6 21	Lv Appomattox.....	181.4	E12 55
6 55	Ar LYNCHBURG (U. Sta.).....	205.6	12 25
7 05	Lv LYNCHBURG (U. Sta.).....	205.6	12 10
E 7 30	" Bedford.....	227.5	11 45
8 10	Ar ROANOKE.....	255.6	11 10
3 10	Lv WASHINGTON, D. C.....	4	4 40
8 20	Ar ROANOKE.....	11	20
8 35	Lv ROANOKE.....	255.6	10 35
9 20	" Christiansburg.....	288.2	9 41
F10 10	" Pearisburg.....	323.9	F 8 46
F10 15	" Narrows.....	327.2	F 8 42
11 15	Ar BLUEFIELD, W. VA.....	356.5	7 55
11 30	Lv BLUEFIELD, W. VA.....	356.5	7 40
E12 04	" North Fork, W. Va.▲	378.6	E 6 46
12 26	" WELCH.....	390.7	6 28
	" Iaeger.....	409.0	B 6 00
2 10	Ar WILLIAMSON.....	456.1	4 55
2 15	Lv WILLIAMSON.....	456.1	4 50
3 53	" KENOVA, W. VA.....	529.1	3 01
4 12	Lv IRONTON, OHIO.....	541.1	2 41
4 45	Ar PORTSMOUTH.....	568.3	2 05
5 00	Lv PORTSMOUTH, OHIO.....	568.3	1 50
M 5 42	" Peebles.....	602.6	O 1 08
F 6 02	" Winchester.....	617.3	
F 6 14	" Sardinia.....	626.8	F12 39
7 35	Ar CINCINNATI, O. (EST) ⊕	679.9	11 25
AM			PM

NEW YORK-PHILADELPHIA-BALTIMORE-WASHINGTON LYNCHBURG, ROANOKE AND BRISTOL

Read Down	Condensed Through Schedules	Read Up
PC 135		PC 158
N&W 17 Daily	TABLE 2	N&W 18 Daily
AM		PM
9 30	Lv New York, N. Y. (EST).....	PC Ar 11 30
11 10	" Philadelphia, Pa. (30th St. Sta.).....	" " 9 43
11 45	" Wilmington, Del.....	" " 9 12
12 48	Ar Baltimore, Md.....	" " 8 11
1 30	Ar Washington, D. C.....	PC Lv 7 25
2 15	Lv Washington, D. C.....	Sou. Ar 5 40
2 33	" Alexandria, Va.....	" Lv 5 02
4 43	" Charlottesville, Va.....	" " 2 50
6 10	Ar Lynchburg, Va. (Kemp. St. Sta.).....	" " 1 30
6 20	Lv Lynchburg, Va. (Kemp. St. Sta.).....	N&W Ar 1 25
F 6 48	" Bedford, Va.....	F 12 53
7 25	Ar Roanoke, Va.....	N&W Lv 12 20
8 35	Lv Roanoke, Va.....	N&W Ar 10 35
11 15	Ar Bluefield, W. Va.....	" Lv 7 55
2 40	Lv Norfolk, Va.....	N&W Ar 5 10
8 10	Ar Roanoke, Va.....	" Lv 11 10
8 30	Lv Roanoke, Va.....	N&W Ar 10 55
9 15	" Christiansburg, Va.....	" " 10 01
9 35	" Radford, Va.....	" " 9 40
F 9 47	" Dublin, Va.▲	" " F 9 22
9 57	" Pulaski, Va.....	" " 9 12
F10 27	" Wytheville, Va.....	" " F 8 43
F10 44	" Rural Retreat, Va.▲	" " F 8 25
F11 03	" Marion, Va.....	" " F 8 07
F11 17	" Chilhowie, Va.▲	" " F 7 50
F11 24	" Glade Spring, Va.....	" " F 7 42
F11 28	" Emory, Va.▲	" " F 7 37
F11 42	" Abingdon, Va.Ⓜ	" " F 7 23
12 15	Ar Bristol, Va.....	N&W Lv 7 00
AM		AM

Read Down DECATUR AND CHICAGO Read Up

112 Ex. Sat. Sun. Hol.	124 Daily	Mls.	TABLE 3	121 Daily	113 Ex. Sat. Sun. Hol.
	AM		CENTRAL STD. TIME	PM	
	6 45	0	Lv Decatur.....	Ar 8 45	
	7 13	27.5	Lv Monticello.....	Lv 8 08	
	7 48	60.4	Lv Gibson City.....	B7 35	
	8 10	80.1	Lv Forrester.....	Lv 7 13	PM
	6 55	149.3	Lv Orland Park.....	Lv 6 30	
	7 01	151.3	Lv Southmoor.....	Lv 6 16	
	7 05	152.6	Lv Palos Park.....	Lv 6 12	
	7 08	154.7	Lv Worth.....	Lv 6 09	
	7 16	156.1	Lv Chicago Ridge.....	Lv 6 06	
	7 22	157.7	Lv Oak Lawn.....	Lv 6 02	
	7 26	160.3	Lv Ashburn.....	Lv 5 58	
	7 28	162.4	Lv Landers.....	Lv 5 57	
	7 31	163.4	Lv Western Ave.....	Lv 5 53	
	7 33	163.6	Lv Ashland Ave.....	Lv 5 49	
	7 38	164.4	Lv Racine Ave.....	Lv 5 47	
	7 43	165.7	Lv Halsted St.....	Lv 5 44	
	9 46	167.9	Lv Englewood (551 W. 63rd St.).....	Lv 5 39	
	7 47	167.9	Lv Forty-Seventh St.....	Lv 5 40	
	8 00	172.5	Ar Chicago (C. S. T.) (Dearborn Sta., Polk & Dearborn).....	Lv 5 25	5 30
AM	AM			PM	PM

EXPLANATION OF REFERENCE MARKS FOR TABLES 3 AND 4

- ▲ No checked baggage handled to or from this station.
- No checked baggage handled on this train.

Tickets and Baggage via Illini-Swallow Lines, Inc.:

- ‡ Rail tickets reading to or from Champaign and Urbana will be honored by the Illini-Swallow Lines, Inc. through Tolono, also all baggage checked under usual rules will be handled on through checks between above points without extra charge.
- Ⓜ Rail Auto Service available at this point.
- A Stops on signal to receive for scheduled stops.
- B Stops on signal to discharge from scheduled stops.
- C Stops on signal to receive for Decatur.
- F Stops on signal to discharge or receive passengers.
- I Stops on signal to receive for St. Louis.
- K Stops on signal to discharge from St. Louis.
- # The State of Michigan does not observe "Advanced" Standard Time as defined in the Uniform Time Act of 1966. The local time at these stations therefore is one hour earlier than shown. Effective October 25 local time will again be as shown herein.

EQUIPMENT

THE POCAHONTAS
Trains Nos. 3 and 4
(Norfolk and Cincinnati)

Sleeping Cars (30 WB, 40 EB)
Roanoke and Cincinnati
(10 Rmte, 6 DBR)
(Open Cincinnati 9:30 PM)

Vista Dome Coaches
Norfolk and Cincinnati

Reclining Seat Coaches
Norfolk and Cincinnati

Dining-Cocktail-Lounge Car
Norfolk and Williamson, W. Va.
(See Page 6 for other services available)

WABASH CANNON BALL
Trains Nos. 304 and 301
(St. Louis and Detroit)

Reclining Seat Coaches
St. Louis and Detroit

Buffet-Coach
St. Louis and Detroit

THE CITY OF DECATUR
Trains Nos. 124 and 121
(Decatur and Chicago)

Reclining Seat Coaches
New York and Washington

Grill-Buffer-Lounge Car
Decatur and Chicago

Read Down CONNECTIONS Read Up

AM 8 25	Lv Cincinnati, O. (EST).....	PC Ar 8 00
3 00	Ar Chicago, Ill. (CST).....	Lv 11 20
8 20	Lv Cincinnati, O. (EST).....	PC Ar 11 15
10 35	Ar Indianapolis, Ind. (EST).....	Lv 8 55
1 45	Ar Chicago, Ill. (CST).....	Lv 11 35
10 00	Lv Cincinnati, O. (EST).....	B&O Ar 4 15
2 50	Ar Toledo, Ohio (EST).....	Lv 11 35
#5 10	Ar Detroit (EST). (Fort St. Sta.).....	C&O Lv #9 25
8 20	Lv Cincinnati, O. (EST).....	B&O Ar 5 40
2 30	Ar St. Louis, Mo. (CST).....	B&O Lv 9 55

#To October 25, Michigan local time one hour earlier than time shown.

EXPLANATION OF REFERENCE MARKS

(Conditional Stops shown herein for revenue passengers (except F Stop))

FOR TABLES 1 AND 2

- ▲ No checked baggage handled from or to this station.
- Ⓜ Rail-Auto service available at this point.
- Ⓜ Meals available in station restaurant.
- Ⓜ No checked baggage or remains handled on Train No. 17 at this station.
- Ⓜ Bus service available between Norfolk, Va. and Portsmouth, Va.
- B Stop to discharge from beyond Portsmouth or receive for Christiansburg and beyond.
- E Stop to discharge or receive.
- F Stops on signal to receive or discharge passengers.
- M Stop to discharge from Kenova or beyond or receive for Cincinnati.
- O Stop to discharge from Cincinnati or beyond or receive for Kenova or beyond.

Equipment on Page 5

NOW via The "POCAHONTAS"



Vista Domes—No Extra Fare Between Norfolk and Cincinnati (See Page 6 For Other Features)

Read Down ST. LOUIS, FORT WAYNE, DETROIT Read Up

304 Daily	Mls.	TABLE 4	301 Daily
AM		CENTRAL STD. TIME	PM
9 30	0	Lv St. Louis, Mo. (Union Sta.).....	Ar 4 20
A10 02	8.3	Lv Granite City, Ill.▲	Lv B3 30
10 14	21.8	Lv Edwardsville.....	Lv B3 15
10 44	52.3	Lv Litchfield.....	Lv 2 45
11 16	84.8	Lv Taylorville.....	Lv 2 12
11 46	113.2	Ar Decatur.....	Lv 1 40
11 51	113.2	Lv Decatur.....	Ar 1 35
12 30	150.8	Ar Tolono.....	Lv 12 55
12 55		Lv Tolono (Illini-Swallow Lines).....	Ar 12 21
1 15		Ar Champaign.....	Lv 12 01
1 20		Ar Urbana.....	Lv 11 46
11 46		Lv Urbana (Illini-Swallow Lines).....	Ar 1 20
12 01		Lv Champaign.....	Lv 1 15
12 21		Ar Tolono.....	Lv 12 55
12 30	150.8	Lv Tolono.....	Ar 12 55
1 13	187.1	Lv Danville, Ill.....	Lv 12 12
1 39	209.0	Lv Williamsport, Ind.....	Lv 11 55
1 47	211.9	Lv Attica.....	Lv 11 40
2 16	233.3	Lv Lafayette.....	Lv 11 19
2 37	250.1	Lv Delphi.....	Lv 10 55
3 04	270.3	Lv Logansport.....	Lv 10 34
3 23	286.2	Ar Peru.....	Lv 10 11
3 28	286.2	Lv Peru.....	Ar 10 04
4 46	299.9	Lv Wabash.....	Lv 10 44
5 14	318.3	Lv Huntington.....	Lv 10 23
5 38	342.3	Ar Ft. Wayne, Ind.....	Lv 9 53
5 53	342.3	Lv Ft. Wayne, Ind.....	Ar 9 40
6 40	391.9	Ar Montpelier, Ohio.....	Lv 8 55
6 42	391.9	Lv Montpelier.....	Ar 8 52
# 7 19	429.6	Lv Adrian, Mich.....	Lv 8 17
#K 7 38	451.1	Lv Milan.....	Lv 7 54
# 8 35	488.8	Ar Detroit (Un. Sta.—Fort & 3rd St.).....	Lv 7 15
PM			AM

ASK ABOUT OUR BARGAIN FARES

- GREATLY REDUCED ROUND-TRIP 30-DAY LIMIT COACH FARES BETWEEN NORFOLK, VA., CINCINNATI, O. AND BRISTOL, VA.
 - GROUP ECONOMY ROUND-TRIP 30-DAY LIMIT COACH FARES FOR GROUPS OF THREE OR MORE ADULTS GOING AND RETURNING TOGETHER. AVAILABLE FROM MANY POINTS ON THE N&W SYSTEM.
 - STUDENT AND ADULT GROUP ROUND-TRIP SHORT LIMIT PARTY COACH FARES.
 - FAMILY PLAN FARES—THE LARGER THE FAMILY THE GREATER THE BARGAIN.
 - FURLOUGH FARES—SAVE ON ONE-WAY OR ROUND-TRIP COACH. FOR SERVICE MEN AND WOMEN TRAVELING IN UNIFORM AT OWN EXPENSE.
- Consult Ticket Agent for complete details.